

**GOSPEL MEDITATION -
ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE**

*June 14, 2026
The 11th Sunday
in
Ordinary Time*

Readings:

Exodus 19:2 - 6a

Psalm 100

Romans: 5:6—11

Matthew 9:36—10:8

A few years ago, I met a woman in my parish who was a successful lawyer. Yet in her free time, she poured her energy into a nonprofit she founded to advocate for children with special needs. When I asked what inspired her, she spoke of her niece, who was born with disabilities. Her niece was both a glorious gift and a constant challenge. Out of that painful, beautiful experience, she felt called to create something lasting for other children and parents. The nonprofit thrived, not because she had mapped it all out, but because she was deeply moved to act.

In today's Gospel, Jesus is **“moved with compassion” for the crowd, for they were “like sheep without a shepherd.”** (Matthew 9:36) So he calls his disciples, ordinary men with no special qualifications, and sends them to heal, preach, and cast out demons. Their mission flows not from their skills but from his authority and the Spirit's gifts.

The Second Vatican Council teaches that the Spirit continually pours out charisms, special graces for the good of the Church and the world (cf. *Lumen Gentium* 4 & 12). These often arise from the unfolding of our lives: from what breaks your heart, what fills you with hope, what suffering has shaped you. The Spirit works through those very experiences to equip us with gifts that build up others.

What is your charism? Well, what needs around you call you to loving action? This could be where Christ is sending you. Allow your heart to be moved like Christ's. Then get to work.

— *Father John Muir*
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