

**GOSPEL MEDITATION -
ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE**

December 1, 2024

**The First Sunday
of
Advent**

Readings:

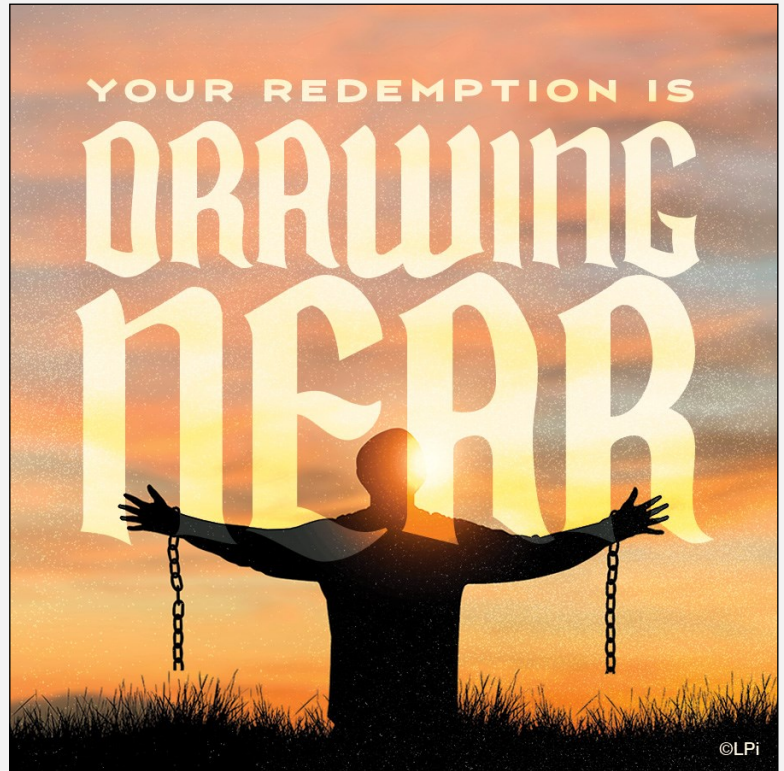
Jeremiah 33:14—16

Psalm 25

1 Thessalonians 3:2—4:2

Luke 21:25—28, 34—36

When I was a young priest, about one year after ordination, I was called to the hospital to anoint a dying mother of three young children. She had a painful, terminal cancer. After celebrating Last Rites with her, I said, “Don’t be afraid.” She looked me square in the eye from her hospital bed and said, “Oh Father, I am in a lot of pain, but I am not afraid. Something wonderful is about to happen.” A few days later she died.



Christians face the ending of our personal various “worlds” in a totally unique way. This first Sunday of Advent, Jesus says that when people see their world falling apart, they find themselves **“fainting with fear and with foreboding of what is coming on the world”** (Luke 21:26). In our fear, our natural response is to check out, to hide our heads in drunkenness, distraction, and false securities. But Jesus commands us to **“look up and raise your heads, because your redemption is drawing near.”** He then compares what’s coming to a lovely summer in full bloom. That’s what the cross and resurrection empower us to do, as strange as it may seem.

Advent challenge: What world in your life is collapsing? A relationship, a dream, a work opportunity? Maybe you’re troubled by a crumbling world in the political or economic sphere. Or maybe someone you love is seriously ill or dying. Name that world or worlds. Then pray: “Lord, help me to not faint with fear. Help me to raise my head and see your redemption coming.”

— *Father John Muir*; ©LPi