

A 58 year old man on disability was living with his elderly father and helping to take care of him. When the father passed away, the man was forced to leave the home. He found an apartment to live in, but needed help with first month's rent. Bethlehem Project assisted with first month's rent and the man was able to secure permanent housing.

A single mother of four fell behind in her rent when her food stamp allotment was cut. She works at a job in another town from where she lives and rising gas prices where an issue, also. Bethlehem Project helped her to get current with her rent, so she and her four children could retain their housing.

A couple found themselves in need when the wife lost her job. They got behind in their rent and were facing eviction. Bethlehem Project, in cooperation with Housing Authority and Catholic Charities, assisted to get back rent paid, so this couple could get a fresh start.

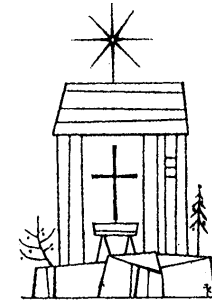
A middle aged woman was living in her vehicle after escaping an abusive family situation. The homeless shelter was full. The woman found subsidized housing that was to be ready in a week's time. Bethlehem Project helped with emergency lodging for 6 days until the woman could move into her new housing.

There are many more stories like these of people who need a helping hand. By participating in this fundraiser, you can be a part of helping people secure or retain a home in which to live.

Blessed Sacrament Cathedral
A Pennsylvania Charitable Trust
Bethlehem Project
Attn: 5K "Home Run"
300 North Main Street
Greensburg, PA 15601

Return Service Requested

The Bethlehem Project's



**5th Annual
5K "Home Run"
(Walk / Run)**

**Labor Day
Monday
September 6, 2010
Lynch Field, Greensburg, PA
Registration begins at
7:00 AM
Race begins at
8:30 AM**

**Helping to prevent
Homelessness in
Westmoreland County**

The Bethlehem Project's 5th Annual 5K "Home Run"

The Event

Join in this 5K run/walk through downtown Greensburg, starting and finishing at Lynch Field in Greensburg, PA. The course is designed for both serious and amateur athletes, young and old, tall and short, runners and walkers.

The course is designed for EVERYONE!

The Shirts

Participants will receive long-sleeved T-shirts with *The Bethlehem Project* logo and race sponsors listed. Sizes are guaranteed for those who register by August 21st. Participants may pick up their T-shirts and race day packets on race day beginning at 7:00 AM at the Kaufmann Pavilion, Lynch Field. T-shirts are not guaranteed for late registrations.

Chip timing provided by *Runner's High*.

Entry Fees

By August 21st -- \$17.00

August 22nd to Race Day -- \$20.00

Make checks payable to:

The Bethlehem Project

and mail to:

Blessed Sacrament Cathedral

Attn: 5K Home Run

300 North Main Street

Greensburg, PA 15601

Or register online:

register.runhigh.com

(Additional fee may apply for online registration)

For additional information contact:

Sandi Kocian at 724-834-3710, x11

Email address:

bethlehemproject@blessedsacramentcathedral.org

Age Divisions – Men & Women

| | |
|-----------|-----------|
| 9 & under | 10-12 |
| 13-15 | 16-19 |
| 20-29 | 30-39 |
| 40-49 | 50-59 |
| 60-69 | 70 & Over |

Awards

Medals will be awarded to the 1st, 2nd, & 3rd place male and female runners who finish the course and to the top three male and female runners in each age division.

Medals will be awarded to the 1st, 2nd, & 3rd place male and female walkers who finish the course and to the top three male and female walkers in each age division. The awards ceremony will take place at the Kaufmann Pavilion (Lynch Field) immediately after the race.



All proceeds from this event benefit *The Bethlehem Project*, a ministry of Blessed Sacrament Cathedral in Greensburg that helps to prevent homelessness in Westmoreland County.

Official Entry Form

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Daytime Phone: _____

Email Address: _____

Age on Race Day: _____

Birthday: _____

Gender (Please Circle One): Male Female

Category (Please Circle one):

Runner Walker

T-Shirt Size: (Please Circle One):

S M L XL XXL

I hereby waive all claims against the Catholic Diocese of Greensburg, the Blessed Sacrament Cathedral Parish, the City of Greensburg, the Greensburg Volunteer Fire Department, and their respective members, employees, agents, servants, as well as any and all other persons and/or entities associated with the 5K "Home Run" race for any and all claims that I (or my child) may have for injuries which I (or my child) may suffer while participating in this event. I attest that I am (or my child is) physically fit and prepared for this event. I understand and assume all risks associated with participating in this event, including, but not limited to: falls, contact with other participants, the effects of weather, traffic and the condition of the course. I grant full permission for the organizers to use photographs of me (or my child) and quotations for legitimate accounts and promotions of the event.

*Signature _____

*Signature of parent/guardian if runner/walker is under 18 years of age

A \$30.00 Replacement Fee will be charged to each Runner/Walker for lost chips or failure to return race chip at the end of the event.

Race Fee _____

Donation to Bethlehem Project _____

Total Enclosed _____